

# Lansing Turkey Trot

## Frequently asked questions

### **Where do the proceeds go?**

All of the proceeds go to support youth running in Michigan. In 2014 the Michigan Running foundation gave out over \$30,000 in grants to support High School and Middle School Cross Country and Track programs, Youth Track Clubs, pay to play scholarships, Cross Country Camp scholarships to help students attend the camp if they cannot afford to go.

### **Where do I park?**

There is ample free parking in the Lansing Community College ramp. After the race you are able to exit the ramp before the last runner has finished. There is also free parking on the streets of Lansing on Capitol Ave and Washington Street.

### **Is there a Packet Pick Up?**

We have packet pick on Tuesday November 24, 2 pm to 8 pm and Wednesday November 25 10 am to 8 pm at the Playmakers store located at 2299 West Grand River Ave. Okemos, MI 48864. Race day registration and Packet Pick up is in the LCC Commons on the first floor of the Gannon Building starting at 7:30 AM

### **Can I pick up my family or friend's packet at Packet Pick Up?**

Yes.

### **What are the T-shirt sizes?**

Your entry fee includes a Long Sleeve Gildan Dry Blend 50/50 T-shirt in sizes Youth S, M, L, and Adult S, M, L, XL, XXL.

### **Are baby joggers and strollers allowed?**

Yes. The race is on wide city streets and accommodates strollers and baby joggers quite well. We do ask that you line up in the back at the start.

### **Is there a family rate when signing up more than 2 participants?**

Yes for a family of 3 or more the registration fee is discounted \$3 per registration.

### **What is the course like?**

The 5000 meter course is scenic, accurate and fast through Downtown Lansing passing the State Capitol Christmas Tree. There are clocks at the mile marks provided by the Playmakers Store.