

Heartfelt Thanks to our Sponsors:

Advanced Radiology Services

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All proceeds benefit:
Helen DeVos Children's Hospital



*The toughest race
you'll ever love!*

Lakeshore Miracle Run 2011

10k Run

Saturday, July 9, 2011 • 8:30 am

4686 66th Street
Holland, MI 49423



All proceeds benefit:
Helen DeVos Children's Hospital

Welcome to the 11th Annual running of the Lakeshore Miracle Run. We anticipate a strong turnout and would like to extend our thanks to you for your participation in this event. All proceeds benefit Helen DeVos Children's Hospital Foundation.

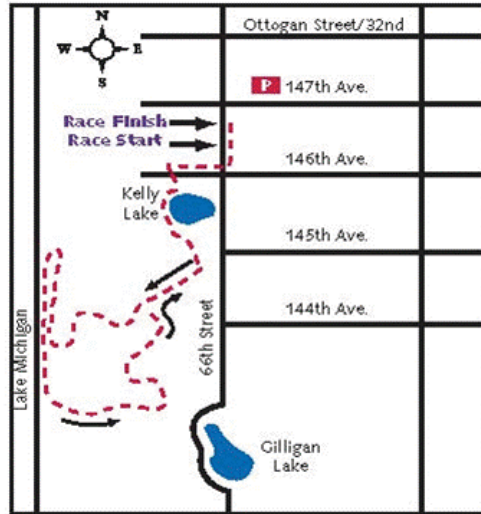
Directions

From Grand Rapids: I-196 to Adams Street. West on 16th Street, eventually merges into South Shore. South on 160th Avenue. West on 147th Avenue to race site.

From Grand Haven: US 31 to 16th Street. West on 16th Street, eventually merges into South Shore. South on 160th Avenue. West on 147th Avenue to race site.

From South Haven: I-196 North to Exit 41. West to 64th Street. North to 147th Avenue. West to race site.

From Kalamazoo: M40 North to 140th Avenue. West to 64th Street. North to 147th Avenue. West to race site.



Parking Suggestions

Parking is located on 147th Ave. and also along 66th Street between 147th Ave. and Ottogon Street/32nd Street North.

Fees:

\$25 until 7/9/10; \$30 day of race

Due to the difficulty of the course, we request that the race be limited to runners only, no walkers please.

Register online at Snapregistration.com
www.snapregistration.com/110084

Registration Form (Please PRINT Clearly)

First Name Middle Initial Last Name

E-mail

Telephone

Address

City

State Zip

Date of Birth (DD/MM/YYYY)

Sex: Male Female

T-SHIRT SIZE: S M L XL NO SHIRT

Make checks payable to:

Helen DeVos Children's Hospital Foundation

Mail this form to:

Vicki Kavanaugh
 24 West 8th Street
 Holland, MI 49423

WAIVER - In consideration of my participation of the 2010 Lakeshore Miracle Run (the "Event"), I hereby assume inherent risks related to the Event in which I am voluntarily participating. I expressly assume the risks and accept full responsibility for any and all injuries (including death) which may occur as a result of my participation in the Event. I, for myself, my heirs, executors, administrators, personal representatives, successors, and assigns, waive and release any and all rights, claims, and causes of action I have or may have that may arise as a result of my participation in the Event and any activity connected in any way with the Event against any of the following parties: John F. Kunkel, Jr. (a/k/a Adam Kunkel), Lakeshore Dunes, L.L.C., Helen DeVos Children's Hospital Foundation, Spectrum Health, Hope College, Laketown Township; any and all of Sponsors' parent entities, subsidiaries, affiliated entities, and their officers, directors, shareholders, employees, agents; any person, firm or entities having an interest in the real property located in Laketown Township, Allegan County, Michigan that is known as either the "Lakeshore Dunes Property" or the "Hope College Property," and any and all volunteers (the above-named parties shall be referred to as the "Indemnified Parties"). I hereby agree to indemnify and hold harmless the Indemnified Parties from all claims, lawsuits, causes of action, and liabilities, including reasonably attorney fees and costs, which may be brought against the Indemnified Parties by anyone claiming to have been injured as a result of any injury to me or my property in any way relating to Event and any activity connected in any way with the Event. I attest and certify that I am physically fit and have sufficiently trained for the conclusion of the Event. I further grant permission to any and all of the Sponsors to use and reproduce my image or likeness by any audio and/or visual recording technique (including electronic/digital) now in existence or hereafter invented, for any legitimate purpose, including, but not limited to commercial sales and marketing purposes. I certify that I have read and am fully legally competent to make this agreement.

Athlete's Signature

Date

Parent or Guardian's Signature (if athlete is under 18)