

# Run for an Instrumental Lifelong Experience

2<sup>nd</sup> Annual 10k Run & 5k Run/Walk

Saturday July 24, 2010



Location: 1776 Heritage Park Coldwater, Michigan

Start Time: 9 a.m.

Start Times will be staggered: if you are a slower runner or are running with strollers or dogs please line up in the back. (If running with a dog - all dogs must be on a leash and have a valid license and current vaccinations)

10K racers 9 a.m. start

5K racers 9:10 start

Walkers: 9:15 start

Course: Easy - Flat 5K walk or run 10K run



Awards: Awards ceremony for top finishers in the Heritage Park Pavilion at 11 a.m.

**One Overall winner Male and Female**

5K and 10K run: 12 & under, 13-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+ Awards to first place finishers in each category Male and Female.

**Competitive Walk:** Men / Women: 17 and under, 18 - 29, 30 - 39, 40 - 49, 50 - 59, 60 and over. Awards to first place finishers in each category Male and Female.

Entry Fee Individual: Postmarked by: June 30, 2010: **\$23** after June 30<sup>th</sup> and Race Day: **\$30** (under 10 years old are free however they must still be registered and input their age at race day.!)

**Family Registration:** \$15 per person minimum 4 per family (10 years and younger are free but must still register) Families must be registered by June 30<sup>th</sup>. No race day family registrations or changes.

Early Registrants receive Race Specific t-shirt at no extra cost (REGISTER By June 30<sup>th</sup>) Late registrants not guaranteed a t-shirt

Upgraded T-shirts \$10.00 if ordered and registered by June 30<sup>th</sup>

Pasta Dinner Friday, July 23, 2010 Masonic Temple: dinner served 5:30 – 7 p.m. (10 and under are free) \$10 per person

Additional Charitable Donations Accepted:

Registration: Make check payable to:  
Branch County Community Foundation  
(Denote for ILE Music Scholarship)  
Mail check and registration forms to:  
2 West Chicago Street, Suite E1  
Coldwater, Michigan 49036



**John Bingham "the Penguin" will be coming to our race and speaking on his Musical Instrumental Lifelong Experience**

Packet Pickup: July 23, 2010 Pasta Dinner 6 - 8 pm (for packet pick up)

Race Day Registration and Packet Pick Up:  
Heritage Park... 6:30 a.m. - 8:45 a.m.

Information: Proceeds will go to: ILE Music Scholarship to afford summer music scholarship opportunities to the students of Branch County. Music Education is vital in young people's lives.

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Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip/ \_\_\_\_\_

Gender: (Circle one) M F Age on Race Day: \_\_\_\_\_

Shirt Size: (Circle one) S M L XL Upgraded Shirt \$10.00 (Circle one) S M L XL

Event (Circle one) 5k walk 5K run 10k run

Pasta Dinner Friday, July 23, 2010 ( children under 10 free) all others \$10

Entry Fee: Postmarked by June 30, 2010 \$23 Individual \$15 for Family Registration

Entry Fee: After June 30 and Race Day \$30 (no Family registration after June 30<sup>th</sup>)

**Additional Donation:** \_\_\_\_\_ **(your contribution may be tax deductible)**

Waiver: By submitting this entry form, I hereby, for myself, my heirs and my executors, waive and release all rights and claims for damages I may have against Branch County Community Foundation and the ILE Music Scholarship Run for an Instrumental Lifelong Experience.

\_\_\_\_\_  
Participants Signature

\_\_\_\_\_  
Parent's Signature if under 18

\_\_\_\_\_  
Date Signed

Individual Entry Fee \$ \_\_\_\_\_ (\$23 by June 30.....\$30 after June 30, 2010)

Family Entry Fee \$ \_\_\_\_\_ (\$15 per family member) Each family member must register separately but forms must be mailed in together as a family in one envelope. (10 and under still qualify to be part of family at no cost but must still register)

Pasta Dinner \$ \_\_\_\_\_ (\$10)

Upgraded T-Shirt \$ \_\_\_\_\_ (\$10)

Additional Contribution to Fund: \$ \_\_\_\_\_

Total Amount Enclosed: \$ \_\_\_\_\_

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