



Old Town Scrooge Scramble 2011 5K run/walk

December 3rd, 2011 at 10:00 A.M.

Old Town and the Lansing River Trail

Race Information:

- Registration Fee of \$25, guaranteed at t-shirt if registered by November 23rd.
- Timing by Running Foundation
- Course to run along streets of Old Town and on the Lansing River Trail
- All proceeds go to Old Town Dickens Village

Registration and Packet Pick Up:

- Register online at www.runwalkjog.com/scroogescramble or mail attached form to:
Avail Solutions
Attn: Michelle Phillipich
107 ½ East Grand River Ave.
Lansing, MI 48906
- Packet Pick Up at Playmakers in Okemos from 5:00 P.M. to 7:00 P.M. on December 2nd

Packets and Awards:

- Awards will be given to the top three places in each age division. Age divisions are as follows:
Under 13; 13-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70 and up
- Each participant will receive a long sleeve cotton tee shirt and a goodie bag

The course starts on Turner St, picks up the Lansing River Trail at Turner Dodge, head south past Adado Park and back north. Ends off the river trail thru the streets of Old Town.

For after race food and showers, please visit Riverview Fitness Center, located at 1106 North Cedar St #300 (across from Preuss Pets)

For more information please email Michelle Phillipich at michelle@availsolutions.net or call 517-899-5211 or visit www.iloveoldtown.org